

# GRINNELL AFTER HARVEST FESTIVAL 9<sup>TH</sup> ANNUAL 5K FUN WALK/RUN

July 15, 2023 @ 8:00 AM

Grinnell City Park

**Race Information:** This is **NOT** a timed event. If you want a time, please time yourself.

**Early Bird Fee: \$10.00-Guaranteed a Shirt. Rate after July 3<sup>rd</sup> --\$15.00-Not Guaranteed a Shirt. \*No fee for strollers \*Please no pets or bicycles**

**Pre-Registration ends July 3<sup>rd</sup> (Pre-Registration Guarantees a 5K t-shirt)**

Join us as the 7<sup>th</sup> annual 5K walk/run kicks off the Grinnell After Harvest Festivals Saturday events. Runners and walkers will participate in the 5K starting at the park. Participants will follow a local designated route marked off with arrows or cones. Race begins at 8:00 AM. After the 5K, join us in the park to "refuel" at Hometown Grocery's breakfast.

**Registration Information:** Drop off or Mail your registration form along with your check to:

Grinnell Alumni Assoc. Attn: Fun Run/Walk PO Box 217 Grinnell, KS 67738 Shari's cell: 316-258-5960

**Race Day Registration:** Race packets and race day registrations will be set up near the Army Tank at the southwest corner of the park, Friday July 17 from 7pm-9pm and at the start line Saturday, July 18, 7am-7:45. Registrations received after July 3<sup>rd</sup> will **NOT** be guaranteed a 5K t-shirt.

**Make Checks payable to: Grinnell Alumni Association-Proceeds will benefit Grinnell Alumni Scholarships and future events.**

Name: \_\_\_\_\_ Age: \_\_\_\_\_ Sex: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Circle One: Runner Walker Shirt Only Fees: \$10 Early Bird Late \$15

DONATIONS APPRECIATED: \_\_\_\_\_ \$5, \_\_\_\_\_ \$10, \_\_\_\_\_ \$15, \_\_\_\_\_ \$20, \_\_\_\_\_ \$25, \_\_\_\_\_ \$50, OTHER \_\_\_\_\_

Adult Shirt Size: SM MD LG XL XXL Youth Shirt Size: SM MD LG

**WAIVER:** I know that running a road race is a potentially hazardous activity. I should not enter unless I am medically able and properly trained. I assume all risks associated with running this event. Having read this waiver and knowing these facts and in consideration of your accepting my entry fee, I, for myself, and anyone entitled to act on my behalf, waive and release the City of Grinnell, Grinnell After Harvest Fest, Grinnell Activities Program, and all sponsors, volunteers, and, their representatives and successors, for all claims or liabilities of any kind arising out of my participation in this event.

\_\_\_\_\_  
Signature (Parent's Signature If under 18)